



What the Junior Program Offers

Our Junior Program offers the following:

- Provides a weekly instructional program for curlers ages 7 to 17
- Provides opportunities for recreational curlers to taste competitive play through Interclub play, Jeux du Québec regionals, bonspiels and house-league play
- Provides a competitive training schedule for older elite juniors to prepare them to participate in the Provincial Circuits.
- Actively involves parents of junior curlers in all aspects of the Junior Curling Program, including coaching, administrative roles, fundraising and hosting
- Provides technical training to Junior coaches in order to ensure a consistent and comprehensive program for the participants
- Encourages feedback from curlers and parents in order to improve the program

Registration for 2025/2026 Season

Priority registration will take place starting at the end of August for returning juniors and new Pointe Claire residents.

If there is room, registration for new members will take place during the Open House Sunday, September 21st from 12 - 4pm. **Priority will be given to Pointe Claire residents.**



Weekly Sessions (October 4th to April 11th)

Each week's session will be broken down into three sessions: one 1-hour Little Rocks session from 1:00-2:00 followed by a Big Rock session from 2:00-3:30 and another from 3:30-5:00.

Curlers should arrive on time for their session with **CLEAN** running shoes and slider (or curling shoes), brooms are optional. Outdoor shoes must **NOT** be worn on the ice. Helmets are required for Little Rocks (7-12).

Again this year, we will try to group curlers based on their desires and skill levels. The session will include warm-up exercises, practice slides, a review of the previous lesson, introduction of a new skill, practice drills and a mini-game.

Interclub Competition

We are hoping to be able to see the return of some Interclub games this season for both Big Rock and Little Rock teams where curlers will have the opportunity to play games against other clubs.

The idea is to involve as many different curlers as possible in these additional events. A schedule of these matches will be provided as soon as it becomes available. Parents are encouraged to lend a hand with the post-game snacks when we are hosting interclub teams at our club.

Pointe Claire Curling Club – Junior Curling Program Overview 2025-2026

Other Competitions

Pointe Claire C.C. will host and participate in the annual Tim Caverly Bonspiel on December 27th, 28th and 29th. We run the "Tim Caverly Café" during the event and parents will be asked to get involved. There may be other events/tournaments during the season. Details will be provided as they become available.



Jeux du Québec Regional Championships

In March 2026, we hope to see some of our competitive players participating in the Jeux Du Quebec. In 2024, the PCCC boys and PCCC girls represented Lac St-Louis at the 2024 Jeux du Quebec. Both teams won the Gold medal, successfully defending the titles they won at the 2022 Jeux du Québec.

Canada Games 2027

We currently have 6 PCCC competitive juniors in the process for the Canada Games playdowns. We are hoping to have representation in all three disciplines (U18 women's, U18 men's and U21 mixed doubles) for the 2027 Canada Games being held in Québec City.

Regular Schedule

The Junior Program schedule will be sent out with the registration package in the fall but is subject to change based on club events. We will update and send out a revised schedule if required.

Coaches

Our competitive coaches participate in Curling Québec professional development and are recognised by the NCCP. All of our junior coaches are volunteers and have undergone police background checks. We are always looking for new coaches so if anyone is interested in coaching, please let us know. No experience necessary as our coaches will show you the ropes.



Volunteer Involvement – We Need Your Help!

Parents will be asked to participate in different aspects of the program this season, whether on the ice or behind the glass. Parents will be needed to lead/coach teams at interclubs, prepare snacks after games and hosting the Tim Caverly Bonspiel in December. We encourage you to come forward and let us know of your interest and particular skills. You can reach out to us anytime!

Midpoint Little Rock Rings

With the influx of new little rock curlers, we will once again have phantom rings painted halfway down sheets 1 and 3 this year. This will allow all curlers to use the regular hacks and deliver into rings within their reach. Once these younger curlers are ready, they can graduate to the regular rings further down the sheet.

Website: Check out the Juniors section of the curling club website www.pointeclairecurling.com and follow PCCC Juniors on Facebook to stay up to date.

Annual Fees

Fees for Little Rocks (ages 7-12) are \$145 and for Big Rocks (ages 13-17) fees are \$175. Price includes registration fees, Curling Quebec affiliation fees and a shirt for each player - don't forget to indicate your child's size on the registration form. *Pointe-Claire residents with a multi-card number get a \$10 discount on the fees.

***Jason Burch, Andréanne Ostiguy & Colleen St-James
Recreational Junior Curling Committee***